

### **20 word intro**

Dr Amber Martinez epitomises an Innovative Caymanian Ambassador whose leadership, advocacy, teamwork, engagement and passion promoted international mental health awareness.

### **500 word reason for Nomination**

Dr. Martinez left an indelible mark at the University of Pécs (the University) Medical School, Hungary.

Dr. Amber Martinez holds a Doctor of Medicine (Cum Laude) from the University and a BSc in Health Science with a minor in Public Health from the University of Miami and an International Baccalaureate from Lester B. Pearson United World College (UWC).

During the early stages of her medical studies, Dr Martinez recognised the need to become an International Student Ambassador. Dr. Martinez shared first-hand experiences with prospective students and gave advice to newly accepted students as they prepare to move to a new country and devoted her time into the following areas during her 6 years of medical study.

### **ENGLISH-GERMAN STUDENT COUNCIL (EGSC) PÉCS**

- Treasurer 2021-2022
- Vice President-English Program 2019-2021

### **ERASMUS STUDENT NETWORK (ESN) PÉC**

- Vice President 2020-2021
- Member 2019-2021

### **UNIVERSITY OF PÉCS**

- Senior International Student Ambassador 2020-2022
- International Student Ambassador 2018-2022

Dr. Martinez manages the University's Facebook page and blog. She Submitted a Caymanian food recipe for the University's cookbook "50 Delicacies on Earth", published in 2019. She represented the Cayman Islands at the International Evening 2019 cooking a full Caymanian meal for 300 persons and creating videos about the University's Medical School, and hosted webinars on the Study In Pécs Hungary.

<https://www.facebook.com/universityofpecs.caymanislands>

<https://international.pte.hu/blog/whats-future-doctor-cooking>

As Vice-President of Erasmus Student Network (ESN) Pécs Dr Amber Martinez provided support and guidance to Erasmus students during their study exchange in Pécs. She helped with the organization of events for Erasmus students, assisted the HR Manager with interviews of new ESN members and planning the monthly meetings.

Martinez was also the Vice President of the English Program for the EGSC. In this capacity, she represented the international medical students of the English Program, attended the Dean's meetings in 2020 ensuring that decisions made were in students' best interest and organized and hosted events. Dr Martinez subsequently received a Certificate of Merit from

the Rector of the University in 2020 “for her dedicated work at EGSC and passionate activity as an International Student Ambassador.” She is the current Treasurer for the EGSC.

In February 2021, Dr Martinez participated in the University’s Faculty of Pharmacy Students’ Research Conference placing second in Health Sciences. She then represented the University at the 35<sup>th</sup> National Conference of Student Research Societies in Hungary in April 2021. In March 2021, Dr Martinez received an Erasmus scholarship to complete 6<sup>th</sup> year rotations at UZ Leuven (University Hospitals Leuven) in Belgium.

In September 2021-January 2022, Dr. Martinez interned at UZ Leuven and lobbied at her University for a Quiet Room for meditation. Working in the Obstetrics & Gynaecology, Surgery & Traumatology, and Internal Medicine (Gastroenterology & Nephrology Departments). In February 2022, she worked at the National Hospital for Neurology and Neurosurgery.

Dr. Martinez then used her research to submit an essay in October 2021 for the Dean’s Competition For Student Research Society and placing third she subsequently submitted her essay as her thesis for her Masters in General Medicine (Cum Laude) which was awarded on 2<sup>nd</sup> July, 2022.